



Lockyer Equestrian Group

Monthly Newsletter

April, 2016
Issue 2
www.legs.org.au



(LEFT) LEG's events secretary and riding member Wendy Palmer is all smiles. (RIGHT) Alicia Palmer and Ravel in action at the March member's dressage day.

President's report...

Hello Members!

Our member's dressage competitions got off to a flying start in March, with around 170 tests ridden, and some very impressive scores posted to set the pace for the year.

Plans are well underway for our training weekend on 16-17 April, with a great lineup of coaches and judges on offer for dressage, jumping and protocol training.

This weekend is being well subsidised by the club, and it would be great to see members come and support this weekend. Bookings will be out on nominate very shortly.

In closing, just a reminder prior to this weekend's competition to please read the conditions of entry on your nominations and draw, so that you are familiar with the rules which keep our days running smoothly.

Good luck and happy riding!

Happy riding,

Sharyn



Upcoming Events

April

10th – LEG's members
dressage day, Gatton

Indoor Arena

16-17th – training day,
Gatton Indoor Arena

May

21st – Anjanette

Harten Clinic

22nd – LEG's members
dressage day, Gatton
Indoor Arena



WARMING UP: Lyn Dickson and Remi Layla Storm prepare for their test
Photos: Ali Kuchel Photography

Lyn and Layla aim for elementary

LYN Dickson is as passionate about horses as they come.

When she got her first horse, an old mare called Candy, at the age of 10, all she had was a bridle.

"I didn't have a saddle because we couldn't afford it," Lyn said.

One year later, Lyn's father bought her an old stock saddle which he stitched together with fishing line.

She went on to join Pine Rivers Pony Club where she chose dressage as her sport.

Lyn's passion for horses is still strong and continues today.

When she purchased her current horse Remi Layla Storm, she didn't tell her husband until after the transaction went through.

"Layla was an orphan foal and is very people friendly," Lyn said.

"We have a long journey ahead and I'm enjoying every step."

Lyn became a member of the Lockyer Equestrian Group about one year ago

but has had many years experience as a 2** rider, coach and judge.

And last member's day, Lyn and Layla won both their preliminary dressage tests in the masters' classes.

"Winning both our tests at the last LEG's day was amazing," Lyn said.

After many years of competing, Lyn is down to one horse after selling her previous horse Madison Park Spencer.

"Now that I only have Layla, I'll be able to give her all my attention and help her along the way to FEI," Lyn said.

"Winning both our tests at the last legs day was amazing" – Lyn Dickson

"This year she will compete in prelim and novice with elementary planned for the later half of 2016."

Having ridden horses since she was 10



years old, Lyn had a message for fellow competitors.

"Never lower your standards to anyone else's – always hold yourself up and don't watch other riders in the warm up area – stick to what you do best," she said.

Q & A: with Sharyn Ross

Position at LEGs: President and Judges Co-Ordinator

When did you first join LEGs: About 2007?

What made you join: Local club with nice quiet events for my young horses

What do you enjoy about LEGs member's days:

The camaraderie of our club and of course getting the chance to show my horses off :)

When did you first start horse riding: Around 2 years olds

Tell us about your first horse: A lovely Australian pony, Langfield Letty. My grandad bought three ponies from the stud in Clermont and they arrived in Brisbane on a train.

Where has your horse riding taken you: I have had the opportunity to ride some seriously amazing horses,

including the stallions Fishermans Friend, Gymnastic Star and Riverdance, as well as spend time riding in the Germany in the Verden Auction barn and at Hof Bruning.

What disciplines do you compete in: Only dressage these days, but previously also eventing.

What's your most memorable horse ride: Competing in and winning the Sharon Doe Memorial trophy with the wonderful Belcaryn Axelo. It is an incredibly prestigious rider class for young riders at Prix St George level, and has been won by some of the best riders in the country.

Do you have any future horse riding goals: My goal at the moment is to reach FEI level with my two current horses, Belcaryn Wizard and Belcaryn Fantom.

Fitness for horse riding

HAVE you ever had the feeling of getting puffed-out not long after you got into the saddle?

Being horse-fit is important for our riding, and lucky for LEG's members, Kylie Harris has the skills and know-how to help riders become fitter.

She's combined her love of horses and fitness to become a personal trainer and pilates instructor and just launched her own business 'Made to Move Pilates and Personal Training'.

Through her business, Kylie is offering a unique 'Move the Rider' class which is aimed at equestrians wanting to improve their riding strength and fitness.

"It focuses primarily on Pilates exercises, with some strength and endurance elements included," Kylie said

"These classes can benefit riders in the areas of relaxation, alignment, balance, breathing, focus, precision, control, stamina, strength and flexibility."

Classes begin on Monday April 18 commencing at 7.30pm at the Glenore Grove Hall and costs \$15 per person. Please bring a towel and water.



OUR JUDGE: Jen Willis in action.
Photo contributed

Tips from the judges

MOST of us have endured our first member's dressage day for the year.

Luckily for us, judge Jen Willis has some tips to help riders prepare and get through their tests without having a break down (or falling off).

Tip 1: While the quality of pace and flow of test is more important than accuracy, to get the best marks you need to be accurate.

A balanced horse creates accuracy because the more balanced the horse is the easier transitions will be.

There is a certain amount of space for a horse to make a transition, however to get the top scores, you will need to have a more exact transition and be bent correctly on the circle. Accuracy is important as it reflects basic

Your committee and how to contact us

President: Sharyn Ross, **Vice President:** Kate Watson,
Secretary: Madeline Van Hattem, **Events Secretary:** Wendy Palmer, **Memberships:** Ami Anderson, Treasurer: Mars Maycock, **Publicity and Communications:** Leane Williams,
Judges Coordinator: Sharyn Ross, **Public Relations:** Ali Kuchel, **Education Officer:** Angela Fritz. If you have something for the newsletter email Ali at surferali@me.com for general enquires: info@legs.org.au

WINNERS: Emily turner and
Chapel House Thomas.



LEG's monthly winner

EMILY Turner and her mount Chapel House Thomas (aka Thomas) have only been LEG's members for a month after relocating from the Sunshine Coast.

But the duo excelled at the March Member's Dressage Day, claiming the highest aggregate scorer of the day.

Emily and Thomas competed in the Prep C and the Prelim 1.1 scoring well from the judges.

Emily said she was "completely wrapped" with her horse's performance.

"I didn't feel as though we were completely ready to compete after relocating but

decided an outing would be good for both of us," Emily said.

The duo's friendship started two years ago when Emily purchased Thomas sight-unseen from down south when he was three and a half.

She was looking to get her confidence back, but when he arrived he wasn't entirely what she expected.

But after a lot of hard work, they have started in the show ring, with the last LEG's day their fourth dressage outing together.

"He's a real character and I often wonder what he believes he is – a dog or a horse," Emily said.

Socials from April dressage



IN ACTION: Members of Lockyer Equestrian Group during the April Members Only Dressage Day.

Photos: Ali Kuchel Photography